



Instructor Trainer Academy Schedule (rev. 4/23/2026)

As facility locations are confirmed, the calendar will be updated with the date and location for that month and will include registration information. Please check back frequently as changes (including new locations) are made regularly. Academy locations are selected based on geographic interest/need including the location of instructor trainer applicants. Only individuals who have an approved Instructor Trainer Application may register for the Instructor Trainer Academy.

The listed cities are anticipated regions. In order for an academy to run in this location, a contract must be signed with a host site and we must have at least 6 candidates register for the course. Once a contract is signed, the exact dates and location will be posted and the course will be open for registration.

Academy lengths: Instructor Trainer Academies are conducted on multiple consecutive days.

First Aid/CPR/AED Instructor Trainer	2 consecutive days (typically Tuesday-Wednesday, *may vary)
Lifeguarding Instructor Trainer	3 consecutive days (typically Tuesday-Thursday, *may vary)
Water Safety Instructor Trainer Academy	5 consecutive days (typically Monday-Friday, *may vary)

Upcoming Instructor Trainer Academies (Scheduled for 2026):

Date*	Location*	Instructor Trainer Specialty Area
May 5 – 7, 2026	Elk Grove, CA	Lifeguarding
May 11 – 15, 2026	Strongsville, OH	Water Safety
May 12 – 14, 2026	Palm Beach Gardens, FL	Lifeguarding
May 19 – 20, 2026	Philadelphia, PA	First Aid/CPR/AED
May 18 – 22, 2026	Laurel, MD	Water Safety
May 19 – 21, 2026	Laurel, MD	Lifeguarding
June 2 – 4, 2026	Twin Cities, MN	Lifeguarding
June 8 – 12, 2026	Twin Cities, MN	Water Safety
June 16 – 17, 2026	Atlanta, GA	First Aid/CPR/AED
June 22 – 26, 2026	Boston, MA	Water Safety
July 14 – 15, 2026	Atlanta, GA	First Aid/CPR/AED
July 14 – 16, 2026	Elkhart, IN	Lifeguarding
July 20 – 24, 2026	Dublin, OH	Water Safety
July 21 – 23, 2026	Dublin, OH	Lifeguarding
July 28 – 29, 2026	Henrico, VA	First Aid/CPR/AED
August 11 – 13, 2026	Verona, WI	Lifeguarding
August 17 – 21, 2026	Sierra Vista, AZ	Water Safety
August 18 – 19, 2026	St. Louis, MO	First Aid/CPR/AED
August 25 – 27, 2026	Sierra Vista, AZ	Lifeguarding
September 9 – 11, 2026	Littleton, CO	Lifeguarding
September 15 – 17, 2026	San Rafael, CA	Lifeguarding
September 22 – 23, 2026	Detroit, MI	First Aid/CPR/AED
September 28 – October 2, 2026	Fontana, CA	Water Safety
October 6 – 7, 2026	Fairfield, NJ	First Aid/CPR/AED
October 19 – 23, 2026	Plano, TX	Water Safety
October 27 – 29, 2026	Parkville, MO	Lifeguarding
November 3 – 4, 2026	Houston, TX	First Aid/CPR/AED
November 9 – 13, 2026	Carson City, NV	Water Safety
November 10 – 12, 2026	Carson City, NV	Lifeguarding
November 17 – 19, 2026	Plano, TX	Lifeguarding



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Date*	Location*	Instructor Trainer Specialty Area
December 1 – 3, 2026	Strongsville, OH	Lifeguarding
December 8 – 9, 2026	Arcadia, CA	First Aid/CPR/AED

To register for an Instructor Trainer Academy, please visit the Red Cross Learning Center for pre-requisite requirements and application information. When your application is approved, you will be notified of the specific details of all Instructor Trainer Academy dates, times and logistics in addition to information on “how to register”.